

GOOD NEWS

I am looking for positives to share to help lift the mood. Let us know what you are doing to pass the time, your ideas may inspire someone trying to think of something and it lets your friends know how you are. Email harnhamparish@btinternet.com or just ring or text 07925 108856 - Your few words will show others you are well and maybe even give them a smile. Linda Baker.



Rita Jacobs is spending the time taking geranium cuttings, erecting a mini greenhouse bought months ago, knitting Christmas presents and building a London bus out of 1,700 Lego bricks!

Elaine Wood has tried to do the PE with Joe which all the children are doing, but found too strenuous! Instead found 2 workouts for seniors I thought you might like to share. Good fun and wakes you up for the day.

<https://youtu.be/A2wp8lpxn9s>

<https://youtu.be/ybVMu31DLQU>

Jenny Collings said that “Bill and I make Sunday a day of rest (like we did in our youth!). We dress more smartly, read rather than working in the house or garden, have a special meal in the evening and eat in the dining room!! It was fun! We are using the time to do those jobs waiting to be faced. We’re also working in the garden – real pity we had to cancel the Open Gardens for mine, and probably most, will look better this year that they ever have and only we will see it! Next week Jenny’s tips to keep fit.

Thelonius Monk the vicarage dog has been enjoying his daily exercise especially as there are now more squirrels about!! He is being even more kind to the postal delivery personnel by giving them free pet therapy as they are doing a grand job! His hair cut was cancelled so he is expecting a dog bath and bespoke cutting from the vicar...may God guide her handiwork!!!?

Pause for a Pint met via Skype last week to share their reflections on the state of the nation and to reflect on the Covid 19 using the pastoral cycle provided by Mike Badger – naturally whilst drinking a pint.

Please keep your comments coming as they are really appreciated by all.



HOLY WEEK

Palm Sunday & Holy Week

Palm Sunday

True and humble king, hailed by the crowd as Messiah:
grant us the faith to know you and love you,
that we may be found beside you on the way of the cross, which is
the path of glory. Amen.

Maundy Thursday

God our Father, your Son Jesus Christ was obedient to the end
and drank the cup prepared for him:
may we who share his table watch with him through the night of
suffering and be faithful. Amen.

Good Friday

Eternal God, in the cross of Jesus we see the cost of sin
and the depth of your love:
in humble hope and fear may we place at his feet all that we have
and all that we are, through Jesus Christ our Lord. Amen.

READINGS

Palm Sunday

Psalm 118, Matthew 21 v 1-11 and Matthew 26 v 14-27 v 66

Maundy Thursday

Psalm 116 v 12-19, Exodus 12 v 1-3, 11-14 and John 13 v 1-17, 31-35

Good Friday

Psalm 22 v 1-11, Isaiah 52 v 13-53v12 and John 18 v 1-19 v 42

PLEASE SEE in your emails: the special Holy Week service for those in isolation which includes readings for the whole week; a reflection for today; a list of services on radio and TV. On Thursday further reflections will be sent out for Maundy Thursday and Good Friday.

Would you please PRAY for:

- ❖ the Church of the Province of the Indian Ocean, The Most Revd James Richard Wong Yin Song - Archbishop, Province of Indian Ocean & Bishop of the Seychelles.
- ❖ Episcopal churches in South Sudan and Sudan: Please pray for the The Rt Revd Moses Anur, Bishop of Athooch.
- ❖ all the parishes in the Poole and North Bournemouth Deanery.
- ❖ those who live in Ayleswade Road and Swan Close.
- ❖ the residents of Harnham Croft and Willowcroft.
- ❖ the World Health Organisation, hospital staff and all who are suffering from the Corona Virus.
- ❖ the Ecumenical chaplaincy.
- ❖ those who are sick, and all who care for them especially Rita Jacob, Ann Baker, Marion Webb, Angela Mould, Jane Elliot, Revd Brian Coleman, Revd Simon Wilkinson, George, Eithne Neame, Ian Davidson, Sister Theresa Mary, Brian and Kath Glover.
- ❖ those who have died especially Sylvie.

HOLY WEEK. I would like to encourage as many of us as possible to be part of the “WATCH of prayer” for Maundy Thursday evening from 7.00pm to 11.00pm. Could you pray for a 20 minute slot? Do email or ring if you would like to be part of this. Revd Becky.

In Harnham, we are continuing to focus on Prayer and Service to our local community.

More information is available on our website including local churches offering live services of reflection, Morning and Evening Prayer: www.harnhamparish.org.uk

If you have questions, are in need of help or support, or would yourself like to help, please contact:

Charles Woodd - 01722 323447 Jane Greenaway - 01722 328583

Revd Becky Roberts - 01722 333564

Parish Office - 07925 108856 or harnhamparish@btinternet.com

Church Electoral Roll 2020

If you are on the 2019 Roll you will automatically be included in 2020. Those who have joined our congregations since last April are warmly invited to join the roll. Please contact the Parish Office and your information will be forwarded to the Electoral Roll Officer.

Katy Carter was due to be licenced as LLM to our Parish on Palm Sunday. Bishop Andrew, myself and Katy have decided to postpone the licensing until we can gather together. We continue to pray for her as she prepares for ministry in this role.

Hardship Fund

Some people are clearly going to be very hard hit by the Coronavirus, for a variety of reasons. The Parish has a Discretionary Fund which can be used to help Harnham residents in serious difficulty. We have been asked whether donations would be welcome. They would! If you would like to donate to the Fund, please send a cheque payable to Harnham PCC to the Treasurer, Michael Fisher, 88 Harnham Road, SP2 8JW, or make a bank transfer to Harnham PCC, sort code 30-97-41, acc no 00557482, and give *Discretionary Fund* as the reference. You can also Gift Aid your donation, so please give your name and address, so where applicable we can send you a Gift Aid form. Thank you.

Salisbury Foodbank

A very big **thank you** from the team to everyone for your prayers and donations during these challenging times. We are seeing a lot of demand, so please continue to donate via our collection points in Tesco & Waitrose, if you are able to, and shopping there already. Please **don't** make an extra journey, or leave yourself short in any way. You can donate ONLINE for delivery direct to the warehouse between 10.00 – 4.00pm on weekdays at Unit 6b Ashfield Trading Estate, Ashfield Road, Salisbury, SP2 7HL. This week we have a particular need for rice (0.5kg & 1kg), tinned potatoes, tinned carrots and peas, sponge pudding, instant mash potato and dried milk. What we are running short of changes all the time, and our shopping list is kept updated at <https://salisbury.foodbank.org.uk/give-help/donate-food/>

If you are in crisis yourself please speak to your GP or church leader who should be able to arrange for an emergency Foodbank voucher.