

Light of the World SILENCE

Day – Saturday:

LOOK... and be curious.

Rest in the PEACE of GOD'S LOVE.

WAIT with prayerful expectation.

How should we pray?



- Prayer should be speaking to God as a friend.
- Pray in secret
- Pray without ceasing
- Pray with thanksgiving
- Pray with faith
- Pray for God's will to be done

**GIVE IN SECRET,
PRAY IN SECRET,
AND FAST IN SECRET.
MAY YOUR MOTIVE
ALWAYS BE TO
PLEASE GOD**



@herestoresall

Come Holy Spirit: Thy Kingdom Come.

READ... the text with an open mind.

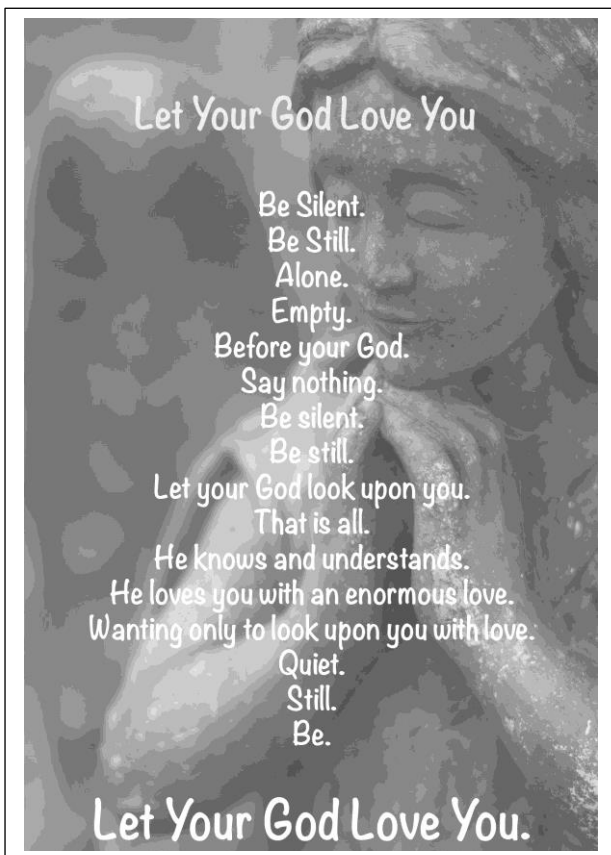
And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. 'When you are praying, do not heap up

empty phrases as the Gentiles do; for they think that they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him. (Matthew 6: 5-8)

LISTEN... for a word with a willing heart.

RESPOND... with prayer and action.

**O God of peace,
in the quiet room and the few words,
you know the deep needs of our hearts and the ache of our longing.
In the silence sit with us until we know we are heard and can confidently make
our reply. In Jesus' name, Amen.**



“Prayer is not asking. Prayer is putting oneself in the hands of God, at His disposition, and listening to His voice in the depth of our hearts.” Mother Theresa

**O Sabbath rest by Galilee!
O calm of hills above,
Where Jesus knelt to share with Thee
The silence of eternity
Interpreted by love!**

**With that deep hush subduing all
Our words and works that drown
The tender whisper of Thy call,
As noiseless let Thy blessing fall
As fell Thy manna down.**

**Drop Thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of Thy peace.
(Excerpts from *Dear Lord and Father*)**