

Meditation of the day.

Prayers of intercession.

The Lord's prayer.

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

For the kingdom, the power, and the glory are yours now and
for ever. Amen.

Canticle

Christ as a light, illumine and guide me.

Christ as a shield, overshadow me.

Christ under me; Christ over me;

Christ beside me on my left and my right.

This day be within and without me

Lowly and meek yet all powerful.

Be in the heart of each to whom I speak;

In the mouth of each who speaks unto me.

**This day be within and without me, lowly and meek, yet all
powerful.**

Christ as a light. Christ as a shield.

Christ beside me on my left and on my right.

Hymn Guide Me O Thou Great Redeemer

Blessing

May the peace of the Lord God go with you wherever he may send
you. May he guide you through the wilderness and protect you
through the storm.

May He bring you home rejoicing at the wonders he has shown you.

May he bring you home rejoicing once again into our doors.

In the name of the Gather, Son and Holy Spirit. **Amen.**



Celtic Morning Prayer
First Sunday of Lent 2021
Old Testament series- Moses and the Torah



Every aspect of Celtic life was approached as an opportunity for union with God as God permeated every part of life. The Celts believed that God was concerned about daily moments no matter how ordinary or mundane. In the Carmina Gadelica prayers and blessings were for all aspects of life from fishing to herding sheep, to kindling the hearth or weaving cloth. From rising to sleeping the Celts embraced God in their lives and we can do the same. As we gather we give thanks for this new day and all the good gifts to come.

Intro includes extracts from Matt 5

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

We watch a clip from Moses Prince of Egypt- There can be miracles

Gathering

In the name of the Father, the Son and the Holy Spirit. Amen.

One thing I have asked of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life; to behold the beauty of the Lord and to seek Him in his Temple.

Call: Who is it that you seek?

All: We seek the Lord our God.

Call: Do you seek him with all your heart?

All: Amen. Lord have mercy.

Call: Do you seek him with all your soul?

All: Amen. Lord have mercy.

Call: Do you seek him with all your mind?

All: Amen. Lord have mercy.

Call: Do you seek him with all your strength?

All: Amen. Christ have mercy.

*The will of God be done for us,
The law of God be kept by us,
Our tongue in cheek be held by us,
Repentance timely made by us,
Christ's passion understood by us,
Each sinful crime be shunned by us,
on the End be mused by us,
And death be blessed found by us,
With angel's music heard by us,
And God's high praises sung by us,
For ever and for aye.*

Declaration of Faith

To whom shall we go?

**You have the words of eternal life,
and we have believed**

and have come to know that you are the Holy One of God.

Praise to you, Lord Jesus Christ, King of endless glory.

Today's scripture readings.

Ex. 20: 1-17

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I

the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation^[2] of those who love me and keep my commandments. You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. Six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honour your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbour. You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

When all the people witnessed the thunder and lightning, the sound of the trumpet, and the mountain smoking, they were afraid and trembled and stood at a distance, and said to Moses, "You speak to us, and we will listen; but do not let God speak to us, or we will die." Moses said to the people, "Do not be afraid; for God has come only to test you and to put the fear of him upon you so that you do not sin." Then the people stood at a distance, while Moses drew near to the thick darkness where God was.

Matthew 5 v 17-20

The Law and the Prophets

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

Reflection.