The President breaks the consecrated bread saying
We break this bread to share in the body of Christ

Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins have mercy on us. Jesus, redeemer of the world, grant us peace.

Jesus is the lamb of God who takes away the sin of the world. Happy are those who are called to his supper.

The body and blood of Christ, keep us in eternal life. **Amen**

A prayer based on a prayer of St Francis for Spiritual Communion.

Lord Jesus I believe that you are here in bread and wine.

I love you above all things and desire to receive you. Since I cannot receive you sacramentally come spiritually into my heart. I embrace you as if you are here. Never let me be

separated from you. Amen.

After Communion

Holy God, we see your glory in the face of Jesus Christ: may we who are partakers at his table reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen**

BLESSING AND DISMISSAL

The Blessing.

Christ Jesus, the splendour of the Father and the image of his being, draw you to himself that you may live in his light and share his glory; and the blessing of God almighty, the Father, the Son and the Holy Spirit be among you and remain with you always. **Amen.**

Go in the peace of Christ. Alleluia! Alleluia!.

Thanks be to God. Alleluia! Alleluia!

Harnham Parish, 14 February 2021, The Sunday next before Lent

THE GATHERING

In the name of the Father and of the Son and of the Holy Spirit. **Amen**.

The Lord be with you. *R* **The Lord bless you**.

We prepare by confessing our sins

For the times when our eyes and our minds have been closed. Lord have mercy *R* **Lord have mercy**For the times when we have not been alert to your presence with us. Christ have mercy *R* **Christ have mercy**For the times when we have seen your glory but have kept it to ourselves, and have not shared the good news. Lord have mercy. *R* **Lord have mercy**

We are assured of God's forgiveness

The Song of the angels: Glory to God in the highest, Glory to God in the highest. and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord. you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect for the Sunday next before Lent.

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

THE LITURGY OF THE WORD

The Old Testament reading, 2 Kings 2:1-12 ...at the end, This is the Word of the Lord. R **Thanks be to God**.

The Gospel, Mark 9:2-9

Hear the Gospel of our Lord Jesus Christ according to Mark Glory to you O Lord.

...at the end. This is the Gospel of the Lord.

Praise to you O Christ.

Reflection

Creed.

Let us affirm our faith in Jesus Christ the son of God Though he was divine, he did not cling to equality with God, but made himself nothing.

Taking the form of a slave, he was born in human likeness.

He humbled himself and was obedient to death, even the death of the cross.

Therefore God has raised him on high, and given him the name above every name: that at the name of Jesus every knee should bow, and every voice proclaim that Jesus Christ is Lord, to the glory of God the Father. Amen.

Prayers of Intercession

THE LITURGY OF THE SACRAMENT

The Peace

Preparation of the Altar.

The Eucharistic Prayer

The Lord be with you *R* and also with you. Lift up your hearts. *R* We lift them to the Lord. Let us give thanks to the Lord our God. *R* It is right to give thanks and praise.

The President praises God for his mighty acts...

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The President recalls the Last Supper...

Praise to you, Lord Jesus.

Dying, you destroyed our death; rising, you restored our life: Lord Jesus, come in glory.

The prayer continues and all respond...

Amen!

As our Saviour taught us, so we pray

Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread;
and forgive us our sins
as we forgive those who sin against us.
And lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
Now and ever. Amen.