



**Epiphany 3  
22<sup>nd</sup> January 2023**

**READINGS**  
Matthew 4 v 12-23 **P3**  
1 Corinthians 1 v 10-18 **P162**

**PRAYER FOR THE DAY**

God of all mercy, your Son proclaimed good news to the poor, release to the captives, and freedom to the oppressed:  
anoint us with your Holy Spirit and set all your people free to praise you in Christ our Lord.  
Amen.

**POST COMMUNION PRAYER**

Almighty Father, whose Son our Saviour Jesus Christ is the light of the world:  
may your people, illumined by your word and sacraments,  
shine with the radiance of his glory,  
that he may be known, worshipped, and obeyed to the ends of the earth; for he is alive and reigns, now and for ever. Amen.

**PARISH DIARY**

<b>Saturday 21<sup>st</sup></b>	10.00am	Coffee and Chat in the Meeting Room.
<b>Sunday 22<sup>nd</sup></b>	8.00am	Communion at All Saints.
	9.30am	Communion Service at St George's.
	11.00am	Service of the Word at All Saints.
	12.30pm	New Year Lunch in the Parish Hall for invited guests.
<b>Tuesday 24<sup>th</sup></b>	9.00am	Morning prayer in All Saints Churchyard today.
	1.30pm	Magazine Collation in the Meeting Room.
	12.00noon	MU communion in the Cathedral led by Revd Becky.
<b>Wednesday 25<sup>th</sup></b>	9.00am	Morning prayer at St George's Church.
	10.00am	Coffee and Chat in the Meeting Room, and Wellbeing Walk.
	7.30pm	PCC in the Meeting Room.
<b>Thursday 26<sup>th</sup></b>	2.00pm	Bereavement Course in the Meeting Room.
	2.30pm	MU Service led by Revd David Callard and AGM in St George's.
<b>Saturday 28<sup>th</sup></b>	10.00am	Coffee and Chat in the Meeting Room.
	10.00am	Tree Planting on Parsonage Green.
	7.00pm	Quiz in the Parish Hall. Tickets £10 per person to include soup, bread and a glass of wine. This is a fundraiser for the church. Teams can be up to 6 people. A few spaces remaining. To book please email: <a href="mailto:harnhamparish@btinternet.com">harnhamparish@btinternet.com</a> or ring: 07925 108856.
<b>Sunday 29<sup>th</sup></b>	10.00am	United Communion Service in All Saints.
	10.00am	Prayer walk begins at All Saints.
	6.00pm	Pop Up Youth in the Parish Hall.

**"Pause for Thought"**

"Pause for Thought" begins again on 1st February, 7.30pm in the Rose and Crown and will last until the end of that month. The topic for discussion on the first week is "What can the church do today that's useful?"

Vicar:	Revd Becky	01722 333564 (Day off - Saturday)
Assistant Priest:	Revd Julian	01722 334272 (Day off - Saturday)
Assistant Curate:	Revd Mike	07803 167889 (Day off - Saturday)
Parish Administrator:	Linda Baker	07925 108856 or <a href="mailto:harnhamparish@btinternet.com">harnhamparish@btinternet.com</a>
Lift Coordinator:	Inas Miles	07450 217091 or <a href="mailto:harnhamparishlifts@gmail.com">harnhamparishlifts@gmail.com</a>

### **Please PRAY for:**

- ❖ the people of Pakistan and Somalia, Aid agencies, the World Food Programme and the Disasters Emergency Committee.
- ❖ peace between Russia and Ukraine - pray for peace, for all those who have died in the war, those who mourn, those who seek refuge, and wisdom for all who lead.
- ❖ the parishes in the Poole and North Bournemouth Deanery.
- ❖ the Church of North India (United).
- ❖ the Episcopal Churches in South Sudan and Sudan, especially The Most Revd Alapayo Manyang Kuctiel, Archbishop and Bishop of the Diocese of Rumbek in South Sudan.
- ❖ the Week of Prayer for Christian Unity (18<sup>th</sup> – 25<sup>th</sup> January).
- ❖ Holocaust Memorial Day (27<sup>th</sup>) Theme this year “Ordinary People.”
- ❖ the World Food Programme and people who live hand to mouth reliant on the land.
- ❖ Harnham Free Church and all its members.
- ❖ those who live in Upper Street and Tyler Close.
- ❖ those who are sick, and all who care for them, especially Caroline, Paul James, Ann Parry, Kath Glover, Jill Jacob, Revd Simon Wilkinson, Bill, Barbara Laws, Pam James, Anne Baker, Patricia P and Anne Paterson.
- ❖ those who have died especially Stan Baker, Kathleen Picton, Peter Brignall and Karen Stockley.

### **ART SESSION IN ST GEORGE'S – WEDNESDAY 25<sup>TH</sup> JANUARY AT 10.00AM**

Would you like to have a go at creative drawing inspired by St George's Church this coming Wednesday morning? A local artist, Sue Martin, is facilitating a session in the church, as part of a public art project commissioned by the City Council. If interested, please ring Pam Rouquette on 01722 334209, and go to St George's at 10.00am. At around 11.00am, the group will move to the Hall for Coffee and Chat.

### **BIRD WATCH WEEKEND**



It's the annual RSPB big garden birdwatch weekend on 27-29<sup>th</sup> January. Anyone can take part to help the RSPB monitor the UK bird population as it faces the climate crisis. All you need to do is watch the birds around you for one hour (can be in a park or even a churchyard if you don't have a garden.) Count the most of each species of bird you see at any one-time land in your garden or outdoor space and keep a note. Submit your results at [rspb.org.uk/birdwatch](https://www.rspb.org.uk/birdwatch) where you can download a bird ID guide and tally sheet in advance if required.

### **TREE PLANTING IN WEST HARNHAM - SATURDAY 28 JANUARY**

Harnham Community Network Environmental Group is about to take the first steps in implementing its Green Corridor Project, which will involve planting 9 young lime trees on the eastern (hedged) section of Parsonage Green, on Saturday morning, 28 January. Can you help - volunteers are needed to dig the holes and help with planting and protecting the young trees. We will be meeting at 10.00am on Parsonage Green, and hope to finish by about lunchtime. All are welcome - but please bring a spade (if possible), gardening gloves, and your own hot/cold drinks. If you can help, please contact Charles Woodd at [harnhamcommunity@gmail.com](mailto:harnhamcommunity@gmail.com) or on 07962 213494, or Pam Rouquette on 01722 334209. Thank you very much.

### **A NOTICE FOR THE PRAYER WALKERS!**

On Sunday January 29<sup>th</sup> we plan a prayer walk as an alternative to indoor worship. My hope is that we will walk, worship, read, chat, and also pray for our parish following up some of the themes raised at our exploration of vision on Sunday 15<sup>th</sup>. For those who would like to join with this, please meet me in the graveyard at the back of All Saints at around 9.50am. We will congregate then aim to set off just after 10.00, and to return by 11.30 am. I suggest wearing some shoes suitable for off road footpaths and clothing appropriate for the weather, whatever that might be! We will be walking up Harnham Bank, but for those who might struggle with that, we will provide transport from All Saints to the top of Bishops Drive where there is a cut through to the footpath at the top where we can meet up. Hope to see you then! Revd. Mike.