

**Jesus said, "Come to me, everyone  
who is tired and burdened, and I  
will give you rest." Matthew 11:28**

[www.harnhamparish.org.uk](http://www.harnhamparish.org.uk)

𝕏 @ HarnhamParish

**AUGUST 2024**

**50p**

Living, Learning and Loving through Christ

## **SERVICES IN YOUR PARISH CHURCHES**

Our two Parish Churches are open every day from 8.30am until 6.30pm, for reflection, prayer and visiting.

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**ALL SAINTS' CHURCH, HARNHAM ROAD, SP2 8JH**

**See page 4 for all August Sunday Services**

For lifts to church services or church events at St George's or All Saints contact the Parish Lifts Scheme Coordinator  
Pat Clegg - [harnhamparishliftsx1@gmail.com](mailto:harnhamparishliftsx1@gmail.com).

Messy Church in the Parish Hall on 2nd Sunday 3pm - 4.30pm

Morning Prayer in All Saints' Churchyard every Tuesday at 9am and in St George's Church every Wednesday at 9am

Pause for Thought at The Rose and Crown every Wednesday at 7.30pm

Pause for Prosecco in Parish Hall Meeting Room on 2nd Thursday at 7.30pm

### **Supporting the Parish online**

We now have an online giving facility, so you can make donations from the comfort of your home (and Gift Aid them too)!

If you go to [www.stewardship.org.uk/partners/harnhamparishchurches](http://www.stewardship.org.uk/partners/harnhamparishchurches) you can make a one-off donation with a credit or debit card, or set up a monthly direct debit. Scan the QR code below with your phone to go straight to the Parish online giving page

Of course you can still drop a cheque payable to Harnham PCC into the Parish Office, or make a bank transfer to Harnham PCC, sort code: 30-97-41 account no: 00557482. A reference would be helpful ie donation for general funds, hall fundraising etc.

**Views expressed in this magazine  
are not necessarily those of the PCC  
or staff of the Parish nor the production team.**

Some items in the magazine courtesy  
The Parish Pump website

The paper used for this magazine is 100% post consumer waste using low CO2 production methods



# From Katy Carter LLM



Dear Friends.

This month as we (hopefully) enjoy some warm, sunny weather, our thoughts may turn to picnics and barbecues, which will almost certainly include some bread amongst the spread.

Who doesn't enjoy the smell of fresh bread? Researchers have shown that the aroma of baked bread is associated with comfort, happiness and safety. This association means that when we smell fresh-baked bread it automatically gives us an overall 'good' feeling.

Bread is one of the world's oldest prepared foods and it has both cultural and religious significance. The majority of bread is made with wheat, which itself is considered to be one of the world's staple foods. Archaeological evidence suggests that wheat was first cultivated around 9600BC and recently new excavations at Pompeii have shown evidence of a commercial bakery operated in the city by slaves. Bread has been an essential part of human history and was significant in the formation of early human societies. It's a staple food across cultures, representing sustenance, nourishment, and life itself.

Bread plays a powerful part throughout the story of God's people so it's not surprising that Jesus described himself as the 'Bread of Life'. Jesus came to provide 'bread' that satisfies more than physical hunger. He is the bread God gives, the one who comes to give life to the world so that those who believe in him will never be hungry.

As we enter August, combine harvesters will already (weather permitting) have been at work in our local fields cutting winter wheat and now the harvesting of spring wheat will begin. It seems appropriate then, that August 1<sup>st</sup> marks Lammas or 'Loaf-mass' which is a traditional English feast of thanksgiving for the first-fruits of the wheat harvest.

Traditionally, a newly baked loaf from the wheat harvest was presented before God at mass on that day and the loaf used as the consecrated bread. Although the ceremony stopped at the Reformation, the practice has been revived in some places in more recent years. Tradition also dictates that the Lammas loaf should ideally be baked by members of the congregation, using local produce wherever possible.

So next time you enjoy a slice of the humble loaf, have a thought for bread's historical and spiritual significance. Give thanks for all those people who have played a part in its production from wheat seed to the delicious finished product, remembering too all those people across our world who continue to live in hunger.

With love

*Katy Carter*

## Sunday Services in August

## Focus on Mission      Sermon series continues on Samuel

## 4th Nathan rebukes Samuel

10.00am United sung Communion service at All Saints  
Led by and talk by Revd Mike and Kerry Badger from Morning Star

## 11th Absalom and David

08.00am Said Communion at All Saints  
09.30am Sung Communion at St George's  
11.00am Service of the Word at All Saints  
NO Messy Church this month

## 18th David dies and Solomon asks for wisdom

09.30am Sung Communion at St George's  
11.00am Service of the Word at All Saints

## 25th Solomon dedicates the Temple

08.00am Said Communion (BCP) at All Saints  
09.30am Sung Communion at St George's  
11.00am Service of the Word at All Saints

## Friday Compline in September

Each Friday evening in September we will be live-streaming Compline on the Harnham YouTube channel.

Please feel free to join this broadcast live at 8.30pm each week, or watch the recording of it afterwards.

The YouTube channel can be found by searching for 'Harnham Parish' either through Google or in YouTube.

We hope this time of prayer will help as a regular reflective practice at the end of each week.

If there is anything you would like us to specifically pray for during these broadcasts, please feel free to email me, my contact details are on the back page of this magazine.

## Matthew Stone LLM

\*\*\*\*\*

**PLEASE NOTE**

1) 'Pause for Thought' and 'Pause for Prosecco' will NOT be meeting in August.

2) Sermon series on the two books of Samuel continues throughout August and then on the first Sunday in September (1st) we move into Creationtide and there will be a United Communion service at All Saints at 10am with a guest speaker. See notice sheet for further details

## FIRST WEDNESDAY TALKS

The idea behind these talks was to listen and marvel at the talents and skills of our local residents.

We certainly have treats for you during the coming months!

**WEDNESDAY AUGUST 7th 7.30 PM**  
in the Parish Hall

### MAUREEN FROST and "The Bells are Ringing"

Maureen is the current Chair of Spire u3a and an excellent raconteur. She will be enthralling us with a brief introduction to the arts, skills, history and mysteries of Campanology. Come and be captivated - I guarantee you will be totally surprised and wickedly entertained by what she has to say.

Next month on **WEDNESDAY SEPTEMBER 4th** we have our very own **JULIAN POPPLETON** talking on 'The Joys of School Chaplaincy'. Do you remember your school days - this will remind you. Don't be surprised if Julian occasionally bursts into song too! Wine and crisps will also be available.

Make sure you have the FIRST WEDNESDAY 7.30pm in the Parish Hall firmly entered in your diary for the remaining five months.

Michael Turner



### HARNHAM COMMUNITY NETWORK

## HARVEST TABLE

Saturday 3rd August 10 -12noon Parish Hall Field, Lower Street

Saturday 10th August 10 - 12 noon on Rowbarrow Green  
near the NISA shop

Venues to end of September to be confirmed

See [www.harnhamcommunity.org](http://www.harnhamcommunity.org) for details

Bring your surplus fresh fruit and veg to share, come and take what you can use. It's a free exchange amongst neighbours.

## SEED LIBRARY

There is a free Seed Library attached to the blue container in the Parish Hall Car Park. Gardeners often don't use all the seeds from a packet. So here's a chance to share what you have to spare. Bring your spare seeds to the library and help yourself to any that you can use. The Seed Library is always open.

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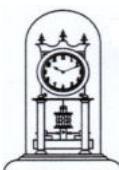
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***Everyone will share the story of your wonderful goodness;  
they will sing with joy about your righteousness***

Psalm 145:7

Our Founder Mary Sumner is celebrated on Friday August 9<sup>th</sup>. The Mothers' Union was started by Mary Sumner in 1876 in her local Hampshire parish. Growing into an international charity with over 4 million members in 83 countries it has been supporting families worldwide for nearly 150 years. Members work around the world bringing hope and practical help through parenting, literacy and community development programmes whilst at the same time upholding families affected by homelessness, imprisonment and relationship breakdown. As it has grown it has adapted to a changing world without losing sight of Mary Sumner's vision.

On this day the 4 million members across the world will celebrate the life and faith of their founder in the words of:-

Mary Sumner's personal prayer:

***All this day, O Lord,  
let me touch as many lives as possible for thee;  
and every life I touch, do thou by thy spirit quicken,  
whether through the word I speak,  
the prayer I breathe,  
or the life I live.***

Dates for your Diary.....

Please note there will be no Diocesan MU Service of Communion in the Cathedral or a meeting here in Harnham this month of August.

The next dates to note are as follows: -

**Tuesday September 24<sup>th</sup> at 12 noon**

Mothers Union Communion Service in the Cathedral –

Celebrant Canon Michael Goater

**Thursday September 26<sup>th</sup> at 2.30pm in the Parish Hall.**

The speaker will be Sarah Gregson, head of Community Services.

Wishing you a joyful summer as you spend time outdoors with family and friends.

I look forward to seeing you at our meeting on September 26th

With love  
Pat Davidson



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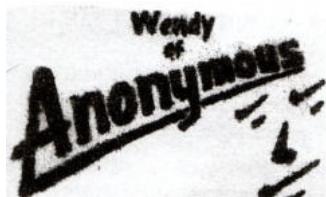
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## It's our 20<sup>th</sup> Anniversary!

Do come and join us on 10<sup>th</sup> September 6.45 pm for 7pm for our Open Evening at Salisbury Methodist Church.

We are extremely fortunate to have **Caroline Cavanagh, Anxiety Specialist as our Guest Speaker.** Caroline helps people to understand anxiety and to use this knowledge to increase mental resilience and performance.



Caroline is a Professional Speaker, Published Author, National Award Winning Therapist, Clinical Hypnotherapist and Master NLP Practitioner. Above all she's a lady who loves to help people feel mentally stronger. Anxiety is not a bad thing when you know how to give it leadership. Caroline will show you how. Her talk is entitled 'Amxiety is also a gift'

There will be a Q&A session after her talk, followed by light refreshments and Caroline's books will be available to purchase.

We hope to be joined by a founder of the Listening Place, Rev Canon Anne Long,, to help celebrate 20 years of service to the local community.

For further information contact Jill Lakeman on 07718 796 533  
or email [thelakemans@hotmail.co.uk](mailto:thelakemans@hotmail.co.uk)

\*\*\*\*\*

### Not always what you think!

Other educational bodies may close down for the summer but u3a carries on, especially with the fun stuff.

The coffee morning in July helped to raise our profile in the area and gave a welcome boost to our funds. Our next big social event will be in the Parish Hall on Saturday September 21st.. We will be enjoying a two-course lunch and having a jolly good time together to mark u3a week 2024.

Meanwhile most of the regular Interest Groups (IG's) will be meeting as usual for walks, book clubs, meals out etc.

In the autumn we plan to revive our modern language groups (French and Spanish). The Groups Co-ordinator is collecting names of interested people.. Please email [hilaryglyde@hotmail.com](mailto:hilaryglyde@hotmail.com) . If you would like to join the celebration lunch or one of the IG's and are not already a member of Spire u3a a call to the Membership Secretary will soon remedy that.

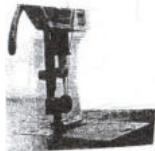
Email [stuart.robson6@btinternet.com](mailto:stuart.robson6@btinternet.com) or ring 01722 334310

U3a is open to anyone approaching retirement or no longer in full-time work.

Alternatively prospective members are invited to join us at the August meeting in Harnham Memorial Hall on Monday August 12th Our guest speaker, Alastair Green will be talking about the Burma Road - the main crew passageway running the length of a ship (not what you think!). Doors open for refreshments at 10am.

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and on the 4<sup>th</sup> Friday at another venue  
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## ECO CHURCH

### There is HOPE

We all know we are in a race against time, and by 2030 we must reduce our CO emissions by over 40 percent, and protect 30 percent of nature, fresh water and oceans. The good news is that in December 2019 Prince William announced the 'Earthshot Prize', and in October 2020 with David Attenborough they launched the project with a prize to be given to five individuals or organisations each year. These are individuals, who are prepared to use their talent, time and ingenuity for creating solutions for the world's greatest environmental challenges.

Earshot prize has five goals,

1. Protect and restore nature, so the natural world is growing and not shrinking.
2. Clean our air, thus ensuring everyone breaths clean air at WHO standards.
3. Revive our oceans, both repairing and preserving our oceans.
4. Build a waste free world, with no wastage, where leftovers can become the raw materials for another process.
5. Fix our climate, by cutting our carbon, and building a carbon- neutral economy.

One of the finalists who has seen incredible growth in the impact of their project is 'Mukuru Clean Stoves'. It is Charlot Magayi's story. Charlot grew up in Mukuru, a large slum in Nairobi, Kenya, where, for years, to make a living, she sold charcoal for fuel. Unfortunately, the charcoal was the cause of the numerous respiratory infections both she and her neighbours suffered, then in 2012 her daughter was severely burnt by the charcoal burning stove. This unfortunate event, promoted Charlot to search for another way, and so it was she discovered Mukuru Clean Stoves. These stoves, instead of burning dangerous solid fuels, use processed biomass made from charcoal, wood and sugarcane. These stoves are cleaner, creating 90 percent less pollution, which is less than an open fire and 70 percent less than a traditional cook stove. Also, they are cheaper, and use half the ongoing fuel costs.

Today, 200,000 people in Kenya use Mukuru Clean Stoves, saving \$10 million in fuel costs and saving lives too. In rural areas, where young girls often spend three hours a day collecting firewood, they save precious time. This is a female-founded business with predominantly female staff and distribution agents.

Mukuru is empowering women to make a living by making a difference.

Charlot plans to create an even cleaner stove that burns ethanol. In three years, she hopes to reach one million customers. In ten years, she plans to reach ten million people all over Africa.

If you are interested I can share more such stories.

Joanna Woodd

## BECOME A BETTER LISTENER



*A course to improve and practice  
your skill at listening to other people*

at Bemerton Methodist Church,  
Roman Road, Salisbury SP2 9BHs  
on Saturday, 21<sup>st</sup> September  
from 10am to 4pm.

Course fee: £20 Please bring your own lunch

If, after attending this day, you want to develop your listening skills,  
there will be three further Saturday courses:

19<sup>th</sup> October - Extended listening through mirroring  
26<sup>th</sup> October - Experiences in listening  
2<sup>nd</sup> November - Being a listener for the Listening Place

There is no fee for these courses

All will be held at Bemerton Methodist Church except the last course which  
will be held at Salisbury Methodist Church.

To book a place on the course:

telephone: 01722 325 294

or email: [salisburylisteningplace@gmail.com](mailto:salisburylisteningplace@gmail.com)

## What gardening can do for your brain

People who spend time gardening may have better brain function in later life than those who do not.

Such are the findings of a recent study at the University of Edinburgh.

The authors of the study observe that gardening involves: "not only physical exertion but creativity and planning. Engaging in gardening projects, learning about plants, and general garden upkeep, involve complex cognitive processes such as memory and executive function."

"Consistent with the 'use it or lose it' framework of cognitive function, more engagement in gardening may be directly associated with a lower risk of cognitive decline."

As one doctor said: "People often don't realise the wide range of benefits that gardening can bring. For example, digging, planting and pulling weeds will increase hand strength, which research has shown can also boost brain health."

"Growing your own food can help you eat a healthier diet; another key factor. And staying connected to other people is beneficial for brain health, so community allotments are a great place to socialise, reducing loneliness and isolation."

The researchers want more study into the possible benefits of gardening, hoping it might help against cognitive decline.

## What's the Big Idea? An Introduction to the Books of the Old Testament'

### 1 & 2 Kings

1 & 2 Kings is a single literary work telling the history of Israel's monarchy from the end of David's reign until the Babylonian exile following the fall of Jerusalem (586 BC). After Solomon's reign, Israel was divided into two kingdoms: Israel to the north and Judah in the south. In the north 20 rulers reigned over 210 years until the fall of Samaria (722 BC). In the southern kingdom there were also 20 rulers, spanning a period of 345 years.

This account is not like reading a modern history book. The author views the story through the lens of God's relationship with His people. The welfare of Israel depended on their leaders' trust and obedience in God, e.g. Solomon building the Temple, as well as listening to the prophets e.g. Elijah and Elisha. The kings who receive the most attention are those whose disobedience is greatest (e.g. Ahab and Manasseh) or those who truly follow God (e.g. Hezekiah and Josiah).

The book ends with exile in Babylon, fulfilling God's warning of the consequences of disobedience for both kingdoms (cf Dt 28:64–68). However, this doesn't mean that there is no hope for the future. At the end of the book, Jehoiachin is released from prison in Babylon, and he is given a place of honour (2 Kings 25:27–30). The future remains open for God to fulfill His promises to the house of David.

'We begin to realise that if God's sovereignty is never cancelled out by the so deeply sin-flawed leaders ('kings') in both our culture and our church, we can quite cheerfully exult in God's sovereignty as it is being exercised in all the circumstantial details of the actual present.' (E Peterson).

\*\*\*\*\*

### For your information

It has been suggested by one of our parishioners that something should be put in the magazine to raise awareness of the bowel cancer screening service provided by the NHS.

Everyone aged 60 to 74 years who is registered with a GP and lives in England is automatically sent an NHS bowel cancer screening kit every 2 years. The programme is expanding so that everyone aged 50 to 59 years will be eligible for screening. This is happening gradually over 4 years and started in April 2021 with 56 year olds.

The programme has also started to include 58 year olds, so you may get a test before you're 60. Make sure your GP practice has your correct address so your kit is posted to the right place.

If you're 75 or over, you can ask for a kit every 2 years by phoning the free bowel cancer screening helpline on 0800 707 60 60.



## Prayer Diary for August

4th Harnham Garden Society  
St George's Road and Upper Street

11th Those who work at the Ambulance Station  
The Bridge Project  
Berkshire Road and Mere Close

18th The John McNeil Centre  
Munks Close and Old Meadows Walk

25th The businesses and workers on Harnham Trading Estate  
Richards Way and Turner Close

+++++

### A Prayer for August

Lord, in a year of changes in our country and in the world, we thank You for the regular rhythm of each year.

We thank You for August, the month of holidays and rest for many, especially for families and those tied to termly timetables. We pray for Your blessing and restoration for all. As we take time out of normal routines, help us to still make space for You; to be refreshed spiritually as well as physically.

Feed us, Lord, by Your Word; revive us by Your Holy Spirit; encourage us by Your indwelling presence, so that we might naturally reflect Your love to all we meet, on holiday or at home or at work.

In Jesus' name. Amen.

*By Daphne Kitching.*

\*\*\*\*\*

### An amazing fact!

In these tumultuous times, here is an astounding fact. Sixteen thousand Nato troops went for Holy Communion at Lourdes, one week in June. On day one it was the Polish troops, and on another it was the Spanish troops and another it was the British troops. Nobody forced the men and women to attend.

*The Church's (is) one Foundation* keeps on coming to mind. Never was there more need for the whole Christian Church to combine in Europe and be healed.

Frances Howard

ACROSS: 1, John. 3, And James. 8, Near. 9, Omission. 11, Theocratic.	14, Asleep. 15, By-path. 17, Stallingsrad. 20, Backbone. 21, Bacc.	22, Whose eye. 23, Seth.	7, Sins. 10, Acceptable. 12, Marriage. 13, Shadrach. 16, Plenty.	18, A bow. 19, ECHO.
DOWN: 1, Jonathan. 2, Heavenly. 4, No meat. 5, Justifying. 6, Maid.				

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## All in the month of August

It was:

90 years ago, on 19<sup>th</sup> August 1934 that in a referendum in Germany, voters approved the creation of the position of 'Führer', which combined the roles of Chancellor and President into one and gave Adolf Hitler sole power.

80 years ago, on 1<sup>st</sup> August 1944 that 15-year-old Jewish diarist Anne Frank made the final entry in her diary while hiding from the Nazis in Amsterdam. On 4<sup>th</sup> August her hiding place was raided by Nazi police following a tip-off. She and her family were taken to Auschwitz concentration camp, and she was transferred to Belsen in October. She died in February 1945.

Also 80 years ago, on 25<sup>th</sup> August 1944 that Paris was liberated from the Nazis. The Germans had occupied the city for four years. General Charles de Gaulle (later President of France) entered the city in triumph.

75 years ago, on 24<sup>th</sup> August 1949 that the North Atlantic Treaty came into effect, establishing NATO.

65 years ago, on 7<sup>th</sup> August 1959 that the USA launched the Explorer 6 satellite, which sent back the first images of the Earth from space.

Also 65 years ago, on 21<sup>st</sup> August 1959 that Hawaii became the 50<sup>th</sup> state of the USA.

60 years ago, on 12<sup>th</sup> August 1964 that Ian Fleming, British novelist and creator of the character James Bond, died.

50 years ago, on 8<sup>th</sup> August 1974 that US President Richard Nixon announced his resignation. He was facing impeachment over the Watergate scandal.

30 years ago, on 28<sup>th</sup> August 1994 that Sunday trading was legalised in England and Wales.

Also 30 years ago, on 31<sup>st</sup> August 1994 that the IRA agreed to a complete ceasefire after 25 years.

25 years ago, on 16<sup>th</sup> August 1999 that Vladimir Putin became Prime Minister of Russia. He became President in May 2000.

20 years ago, on 11<sup>th</sup> August 2004 that Britain issued its first license for cloning human embryos, after becoming the first country in the world to allow therapeutic cloning in 2001. They created their first cloned human embryo in May 2005.

15 years ago, on 20<sup>th</sup> August 2009 that Libyan intelligence officer Abdelbaset al-Megrahi, who was convicted of the bombing of Pan Am Flight 103 which crashed onto Lockerbie, Scotland in December 1988, was released from prison on compassionate grounds after being diagnosed with terminal cancer.

10 years ago, on 24<sup>th</sup> August 2014 that Richard Attenborough, Lord Attenborough, died. This British film actor and director was best known for his roles in *Brighton Rock*, *The Great Escape*, *Jurassic Park*, and *Miracle on 34<sup>th</sup> Street*. He directed films including *Oh! What A Lovely War!*, *A Bridge too Far*, *Cry Freedom* and *Gandhi*.

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Wilton Community Centre

Monday 6.30-7.15pm Fitness Pilates (Beginners)

Harnham Memorial Hall

Tuesday 10.15-11am Fitness Pilates  
11.15-12pm Fitness Pilates

Wilton Community Centre

Wednesday 10-10.45am F L E X & Strength  
11-11.45am SIT Fitness

Alderbury Village Hall

Wednesday 6-6.45pm Freestyle Fitness



*Fitness Pilates classes are run in 5/6/7 week blocks cost £35/£42/£49*

*All other classes to be paid per calendar month*

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## **HARNHAM COMMUNITY SPORTS & SOCIAL CLUB**

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New Membership available - £10 per person

Come along and enjoy a friendly atmosphere

We have a newly decorated Function Room which is available for private hire at a very competitive price.

The room can accommodate 80/100 people.

Discos, Quiz Nights, Weekly Meat Raffle, Bingo every Monday - All held at the Club

## **HARNHAM GARDEN SOCIETY**

MEETINGS HELD IN HARNHAM MEMORIAL HALL,  
WATERSMEET ROAD, BEHIND ALL SAINTS CHURCH,  
ON THE THIRD FRIDAY OF THE MONTH  
STARTING AT 7.30pm. (Coffee from 7pm)

NO MEETING THIS MONTH

Admission to talks : Members £2 Non members £3

New members are always welcome to join the HGS.

Membership is £10 per year

### **St George's Toddler Group Parish Hall, Lower Street**

Monday mornings, term-time only

9.30am - 11.30am

£1.50 per family

includes play, craft, snack, song time, tea, coffee and chat!

End of term visits to St Georges Church for story and singing.

Parents, grandparents, childminders, nannies and carers,  
a great place to meet with friends while your little ones play!

## **HALL AND MEETING ROOM FOR HIRE**

### **The Parish Hall, Lower Street Harnham**

**Large Hall, Meeting Room, Kitchen,  
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Harnham, Salisbury. SP2 8EY. Telephone 07925 108 856**

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## Summer fun-time!

Firstly two, supposedly, true stories.

A vicar entered a Christian bookshop to buy a popular book title. "Do you have 'Time to Embrace' please?" he asked. The astonished elderly lady assistant responded by slapping him across the face.

\*\*\*\*\*

A vicar tells the true story of how, when he was a curate, the rector of a nearby parish used to like not only to attend all the parish groups, but also to identify himself with them by belonging to them, so that he could address them as "We Scouts", "We Rotarians," etc. One day he went too far and began: "We mothers..."

\*\*\*\*\*

### **Fearless in the line of fire**

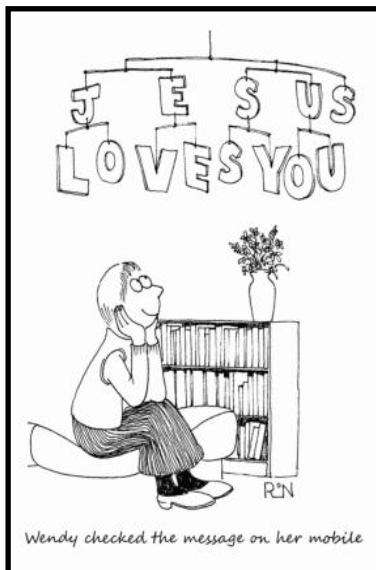
A six-year-old girl was taken by her grannie to a very 'high' Anglican church. Afterwards she tried to explain to her father what it had been like. "They tried to run us out – they brought in a smoke bomb and shook it at all the people in the front row. But grannie wasn't scared one bit. We stayed until the very end."

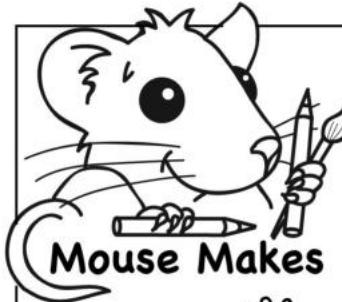
### **Yum yum**

A notice outside Chichester Cathedral advertised lunchtime concerts with the encouragement that: "Sandwiches may be eaten." Someone had scribbled underneath: "So if you are a sandwich, don't come!"

### **No peace**

Some years ago, a parish newsletter in a Surrey village announced: "Prayers for peace this month have been cancelled because of the new vicar coming to St Christopher's."





**“AND WHEN YOU PRAY,  
PRAY THEN LIKE THIS ...”**

Where does Jesus say  
to go to pray?  
*Matthew 6:6*



What does God know  
before you ask Him?  
*Matthew 6:8*



What can we ask God  
to deliver us from?  
*Matthew 6:13*



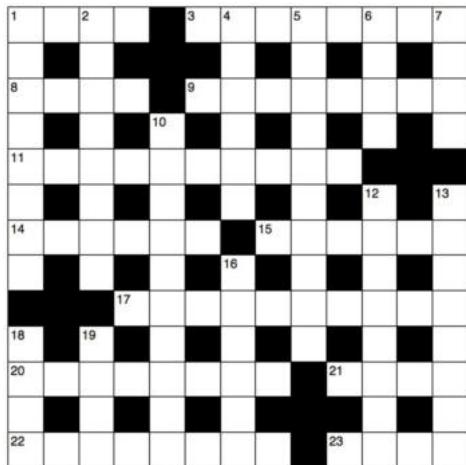
If you forgive others  
what will God do?  
*Matthew 6:14*

**“Always be full of joy.  
Never stop praying.  
Whatever happens,  
always be thankful.”**

*1 Thessalonians 5:16-18*

**D L O R D S P R A Y E R**  
**L F W R E A R T H K S O**  
**D A I L Y K E D A S K O**  
**E T L V T H Y E L H D M**  
**B H L A M E N L L O O I**  
**T E M P T A T I O N N H**  
**S R A R A V I V W O E E**  
**S K N A M E T E E U V A**  
**I C J Y V N E R D R I R**  
**N O U R N A V B R E A D**  
**S M E W I K I N G D O M**  
**J E S U S U L Y O U R J**  
**N E E D S F O R G I V E**

ROOM • PRAY • ASK • NEEDS • HEARD • JESUS  
 LORDS PRAYER • OUR • FATHER • HALLOWED • HONoured  
 NAME • THY • KINGDOM • COME • YOUR • WILL • DONE  
 EARTH • HEAVEN • DAILY • BREAD • FORGIVE • DEBTS  
 SINS • TEMPTATION • DELIVER • EVIL • AMEN



### Across

1 and 3 Two of the disciples who witnessed the transfiguration of Jesus (Luke 9:28) (4,3,5)  
 3 See 1 Across  
 8 'Let us draw — to God with a sincere heart in full assurance of faith' (Hebrews 10:22) (4)  
 9 O Simon is (anag.) (8)  
 11 Form of government under the direct rule of God or his agents (10)  
 14 How Jesus found his disciples when he returned to them after praying in Gethsemane (Luke 22:45) (6)  
 15 In The Pilgrim's Progress, the name of the meadow into which Christian strayed, which led to Doubting Castle (2-4)

17 Glad sin rat (anag.) (10)  
 20 Spinal column (Leviticus 3:9) (8)

21 Valley of the Balsam Tree with a reputation of being a waterless place (Psalm 84:6) (4)

22 The oracle of Balaam son of Beor, the oracle of one — — sees clearly' (Numbers 24:3) (5,3)

23 Adam and Eve's third son (Genesis 4:25) (4)

### Down

1 David's great friend (1 Samuel 20:17) (8)  
 2 'The Lord... will bring me safely to his — kingdom' (2 Timothy 4:18) (8)  
 4 'I, Daniel, mourned for three weeks. I ate no choice food; — — or wine touched my lips' (Daniel 10:3) (2,4)  
 5 Seeking to vindicate (Job 32:2) (10)  
 6 Female servant (Isaiah 24:2) (4)  
 7 'For Christ died for — once for all' (1 Peter 3:18) (4)  
 10 'Offering spiritual sacrifices — to God through Jesus Christ' (1 Peter 2:5) (10)  
 12 Jesus said that some people had renounced this 'because of the kingdom of heaven' (Matthew 19:12) (8)  
 13 One of the three men thrown into the furnace for refusing to worship Nebuchadnezzar's golden image (Daniel 3:20) (8)  
 16 'You have — of good things laid up for many years. Take life easy; eat, drink and be merry' (Luke 12:19) (6)  
 18 'There before me was a white horse! Its rider held — — , and he was given a crown' (Revelation 6:2) (1,3)  
 19 Equipment to Charity Hospitals Overseas (1,1,1,1)

\*\*\*\*\*



## READINGS FOR AUGUST

4	Tenth Sunday after Trinity 2 Samuel 11.26-12.13a	John 6.24-35
11	Eleventh Sunday after Trinity 2 Samuel 18.5-9,15,31-33	John 6.35,41-51
18	Twelfth Sunday after Trinity 1 Kings 2.10-12; 3.3-14	John 6:51-58
25	Thirteenth Sunday after Trinity 1 Kings 8.6-13,56-62	John 6.56-69

## WHATS ON IN AUGUST(E&OE)

Coffee and Chat every Wednesday & Saturday in Meeting Room 10 -12  
Wellbeing Walks (30mins) 1st and 3rd Wednesdays 10am from Parish Hall

3	Harnham Harvest Table on Parish Hall Field	1000-1200
4	United Sung Communion at All Saints	1000
7	First Wednesday Talk in Parish Hall by Maureen Frost	1930
10	Harnham Harvest Table at Rowbarrow Green	1000-1200
11	Said Communion Service at All Saints	0800
11	Sung Communion Service at St George's	0930
11	Service of the Word at All Saints	1100
12	u3a meeting in Memorial Hall	1000
17	Harnham Harvest Table. Venue tbc	1000-1200
18	Sung Communion at St George's	0930
18	Service of the Word at All Saints	1100
20	Harnham WI Afternoon Tea at Wilton Garden Centre	
24	Harnham Harvest Table. Venue tbc	1000-1200
25	Said Communion Service at All Saints (BCP)	0800
25	Sung Communion Service at St George's	0930
25	Service of the Word at All Saints	1100
27	Magazine Collation in Parish Hall Meeting Room	1330

## SEPTEMBER]

1	United Sung Communion service at All Saints	1000
4	First Wednesday Talk in Parish Hall with Revd Julian	1930

\*\*\*\*\*

From Salisbury Diocesan website

As part of embedding the Diocesan Vision to Make Jesus Known, we recognise the opportunity for our weekly prayer meeting to be open to the wider diocese to join us. You are welcome to join every Wednesday at 9.15am for 15 minutes.

To join Zoom Meeting go to <https://salisbury.anglican.org> scroll down to Events and select required day.

# PARISH OF HARNHAM

Registered Charity No.1193766

<b>VICAR</b>	The Reverend Becky Roberts The Vicarage, Old Blandford Road. SP2 8DQ (Day off Saturday) reverendbecky@gmail.com	01722 333564
<b>ASSISTANT PRIEST</b>	The Reverend Canon Julian Poppleton revdjulian@gmail.com	01722 334272 (Day off Saturday)
<b>ASSISTANT CURATE</b>	The Reverend Mike Badger reverendmikeb@gmail.com	07803 167 889 (Day off Saturday)
<b>LICENSED</b>	Mrs Katy Carter	01722 340411
<b>LAY MINISTERS</b>	Mr Matthew Stone	matthew.stone.llm@gmail.com

## **PARISH OFFICE, THE PARISH HALL, LOWER STREET, SP2 8EY.**

**Parish Administrator:** Mrs Linda Baker 07925 108 856  
email: harnhamparish@btinternet.com

**Enquiries regarding Wedding, Baptism and Church Hall bookings**  
please contact The Parish Office as above

## **PARISH SAFEGUARDING OFFICER**

Mrs Jacqui Brown safeguarding.harnhamchurches@gmail.com

## **CHURCHWARDENS**

Mrs Jane Carr	churchwarden.stgeorges.harnham@gmail.com	07764 844 931
Mr Robert Salkeld	124 Coombe Road SP2 8BL	01722 329457

## **P.C.C. SECRETARY**

Mrs Linda Baker, 47 Middle Street. SP2 8LW. 07925 108 856

## **TREASURER**

Mrs Julie Scott, 8 Folkestone Road SP2 8JP 01722 336126  
treasurer.harnham.parish@gmail.com

## **PLANNED GIVING SECRETARY AND ELECTORAL ROLL OFFICER**

Mr David Curzon, 23 Folkestone Road. SP2 8JP. 01722 322117

## **ORGANIST AND CHOIRMASTER**

Mr Ian Davidson, 40 Upper Street. SP2 8LY. 01722 421882  
harnhammusic@btinternet.com

## **MAGAZINE**

Letters, articles, reports etc for consideration always welcome  
by 10th of the month to

**Mr Ian Davidson, 40 Upper Street, SP2 8LY.**

or email: harnhammagazine@btinternet.com no later than 15th of the month

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